



Measurement of Tremor in the Voices of Speakers with Parkinson's Disease

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Introduction – tremor in Parkinson's disease

- **Tremor** (commonly shake, tremble) is an unintentional muscular control deficit that results in cyclic movement deviations
- In **Parkinson's disease** (PD) tremor (in rest) is one of the main symptoms if not the most formative one

Tremor in PD is (most probably) caused by

- reduced motor activity
- (as a consequence of) reduced level of the neurotransmitter **dopamine**
- (due to) destruction of the substancia nigra

Functionally speaking, all tremor causing phenomena can be seen as **disturbances** of or **latencies in the neuronal regulation** of a muscular process

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Introduction - vocal tremor

- vocal tremor is an *unintentional* low-frequency modulation of the vocal fold vibration
- unlike other tremors (the acoustic representation of) vocal tremor channels into two components:

– frequency tremor

- amplitude tremor
- probably all of the neuronal disturbances or latencies (caused by caffeine, aging, disease, ...) of voice production are interweaved in both tremor types



Introduction – inconsistent literature results

But the effect of PD on vocal tremor is still not too clearly understood:

- Cnockaert et al. (2007) found:
 - vocal tremor magnitude measures depend rather sensitively on PD
 - tremor frequency does not relate to PD
- Nebel & Deuschl (2008) stated:
 - vocal tremor should not constitute an outstanding feature of PD
 - vocal tremor should be bound to **advanced stadia** of disease
 - tremor frequencies around 9 Hz could indicate PD
- Gillivan-Murphy (2013):
 - amplitude tremor frequency differs significantly between PD speakers (below 5Hz) and a control group (below 3 Hz)
 - PD speakers "were more likely to show greater auditory perceived [...] magnitude[s] of frequency and amplitude tremor [...], however without statistical significance" (sic!)

- A. Nebel & G. Deuschl (2008): "Dysarthrie und Dysphagie bei Morbus Parkinson." Stuttgart: Thieme.
- P. Gillivan-Murphy (2013): "Voice tremor in Parkinson's disease (PD); Identification, characterisation and relationship with speech, voice, and disease variables." Dissertation, University of Newcastle.

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L. Cnockaert et al. (2007): "Effect of Intensive Voice Therapy on Vocal Tremor for Parkinson Speakers", in INTERSPEECH 2007 -- 8th Annual Conference of the International Speech Communication Association, August 27-31.

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Data – the AHN corpus

used data are a subset of the Aix Hospital Neurology (AHN) corpus: quasi-stationary parts (duration: 3s) of **sustained** /**a**/-**vowels** from 363 speakers

- 234 speakers (mean age = 66.66 a; SD = 9.81 a), diagnosed with Idiopathic Parkinsonism (PD), produced 416 vowels
- 182 (of those 234) PD speakers are recorded in off and on medication (L-DOPA) condition (364 vowels)
 - female speaker (id: 37), age: 78 a, off 🐗 and on 🀗 medication
 - male speaker (id: 24), age: 56 a, off 4 and on 4 medication
- 105 speakers (mean age = 62.29 a; SD = 10.85 a) are control speakers (CG) without any pathology; 105 vowels
 - female speaker (id: 284), age: 57 a 🍕
 - male speaker (id: 64), age: 65 a



Acoustic measurement of vocal tremor with tremor.praat

tremor.praat extraction algorithm is

- based on autocorrelation of the F₀ contour and the amplitude contour and
- corrected for the declination that is naturally found in the F₀ contour and the amplitude contour
- implemented in the script language of the speech-processing program PRAAT
- tremor.praat (version 2.06) can be downloaded from http://brYkl.de/tremor2.06.zip



Acoustic measurement: 6 measures

tremor.praat extracts 6 parameters of vocal tremor

- 3 measures of **frequency tremor**
 - frequency tremor frequency (FTrF)
 - frequency tremor intensity index (FTrl)
 - frequency tremor power index (FTrP)
- 3 measures of amplitude tremor
 - amplitude tremor frequency (ATrF)
 - amplitude tremor intensity index (ATrl)
 - amplitude tremor power index (ATrP)

tremor intensity and tremor power indices are subsumed under the term **magnitude indices/measures**



Acoustic measurement: tremor frequencies

tremor frequency definitions:

- FTrF is the **frequency** of the strongest low-frequency modulation of F_0
- ATrF is the **frequency** of the strongest low-frequency modulation of the amplitude (intensity).
- computational principles (see (poster of) Brückl, 2012, for more detail):
- extract contours from sound
 - remove linear declinations (by subtraction of the linear regression estimates)
 - resample amplitude contour at constant rate (since in PRAAT's "Amplitude Tier" amplitude values are assumed to be in the center of their period)
- autocorrelate the contours
- "strength" of low-frequency modulation is determined via the contours' autocorrelation coefficients

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Acoustic measurement: tremor intensity indices

tremor intensity definitions:

- FTrl is defined as the **intensity** of the strongest low-frequency modulation of F_0
- ATrl is defined as the **intensity** of the strongest low-frequency modulation of the sound's (intensity-per-period-) amplitude (A)

computational principles:

- normalize the (de-declined) contours by

relative
$$F_0 = \frac{F_0 - \overline{F_0}}{\overline{F_0}}$$
 relative $A = \frac{A - \overline{A}}{\overline{A}}$

- the time marks of the contours' extrema are found with PRAAT's built-in function "To PointProcess (peaks)", once the tremor frequencies are known
- intensity indices are then determined by:

$$(F,A)TrI = \left(\frac{\sum_{i=1}^{m} |max_i|}{m} + \frac{\sum_{j=1}^{n} |min_j|}{n}\right) \div 2$$

Acoustic measurement: tremor power indices

- FTrP and ATrP result from weighting the intensity indices with factors that are depending on tremor frequencies
- these factors are defined smaller for lower frequencies and therefore a lower power index would emerge if the same tremor intensity was found at a lower tremor frequency

$$FTrP = FTrI \cdot \frac{FTrF}{FTrF+1} \qquad ATrP = ATrI \cdot \frac{ATrF}{ATrF+1}$$

 power indices are thought to be biologically and psychologically more significant for the concept "tremor magnitude" than the known intensity indices, since the (perceived) effect of tremor events of the same intensity should be bigger, if they occur more often per time unit



Acoustic measurement: examples

demonstration of the PRAAT script tremor.praat

id	parki nson	dopa min	gender	age	FTrF	FTrl	FTrP	ATrF	ATrl	ATrP
24	yes	no	Μ	55.85	2.50	2.24	1.601	5.69	6.119	5.205
24	yes	yes	Μ	55.85	1.70	1.48	0.934	11.37	3.821	3.512
37	yes	no	F	78.39	1.67	2.67	1.667	4.02	10.669	8.544
37	yes	yes	F	78.39						
64	no		Μ	64.54	1.83	0.81	0.524	1.65	7.382	4.594
284	no		F	57.17						



Statistical methods

Problem: we aim to test the influence of PD on vocal tremor

- 1. main objective is to **compare** (means of) **tremor measures between** the group of **PD speakers** and the **CG**.
- 2. second aim is to **test tremor measures within PD speakers** in relation to the presence or absence of dopamine medication

Tests of the hypotheses:

- H₀: There is **no difference** in tremor magnitude **between PD speakers and the control group** respectively **between the off and the on medication condition** or even lowered tremor values are found in the PD group respectively in off medication condition.
- H₁: **Raised tremor magnitude values** are found **in PD speakers** respectively **in the off medication condition**.

(hypotheses for tremor frequencies are non-directional)



Statistical methods

18 Analyses of co-variance (ANCOVAs):

- 6 ("independent samples") analyses comparing PD speakers off medication (PDoff) to the control group (CG)
 - DV: (6) tremor measure(s)
 - (grouping) factors: pathology (observed and fixed), gender (observed and fixed)
 - covariate: speaker age
- 6 ("independent samples") analyses comparing PD speakers on medication (Pdon) to the CG
 - DV: (6) tremor measure(s)
 - (grouping) factors: pathology (observed and fixed), gender (observed and fixed)
 - covariate: speaker age
- 6 ("paired samples") analyses **comparing** within PD speakers **PDoff to PDon**
 - DV: (6) tremor measure(s)
 - (grouping) factor: gender (observed and fixed)
 - (within subjects) factor: medication (manipulated and fixed),
 - covariate: speaker age

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Statistical methods

- unbalanced designs: type 3 square sums
- only saturated models are used
- since all tremor measures are positively skewed (distributed): logarithm (ln) of measures is used in statistical (parametric) analyses



Results

- tremor frequencies (FTrF and ATrF) are not influenced by any factor in all 18 analyses
- in the 6 comparison(s) of PDon with the CG only speaker age varies significantly with the tremor magnitude measures (no differences due to pathology)
- an influence of gender on the tremor (magnitude) measures may be seen as a trend (greater differences in female speakers) but does not reach significance level



Results – PDoff vs. CG



\rightarrow tremor magnitude measures are significantly raised in PDoff

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Results – PDoff vs. PDon



→ frequency tremor magnitude measures are significantly raised in PDoff

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Discussion

based on our findings we have to

- reject the statements of Nebel & Deuschl (2008) as well as the results from Gillivan-Murphy (2013)
- confirm the findings of Cnockaert et al. (2007) as well as Gillivan-Murphy's speculations based on (insignificant results on) auditory perceived scales:
- → the tremor magnitude measures indeed are observable features of PD and
- \rightarrow may serve to diagnose the disease even better and also in early stadia
 - if they are combined with other dysphonia measures (see Tsanas et al., 2012)
 - if the speaker age is controlled
 - and if they are measured properly

A. Tsanas et al. (2012): "Novel speech signal processing algorithms for high-accuracy classification of Parkinson's disease", in *IEEE Transactions on Biomedical Engineering* **Measurement of Tremor in the Voices of Speakers with Parkinson's Disease** | Brückl , Ghio, Viallet | ICNLSP 2015, Algiers Page 19



Conclusions

- amplitude and frequency tremor magnitudes (intensity and power indices) are increased in sustained vowels that are produced by people that are diagnosed with PD and off medication.
- frequency tremor magnitudes also differ between the on and off medication conditions.
- Hence, tremor magnitude measures probably can be used -- together with other (vocal) measures and as long as the speakers' age is controlled -- to diagnose PD, maybe even in early stadia





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